

Guidance on what is possible in each English tier

(Updated 20 December 2020)

New rules came into effect on 20 December as the Government introduced a tier 4 local lockdown level. [Find out what tier](#) your local area is in.

From 2 December, in tiers 1, 2 and 3:

- The requirement to stay at home unless you have a reasonable excuse to leave has ended. Domestic and international travel is permitted again subject to guidance in each tier.
- Grassroots sport, including sailing and boating, is allowed to resume and sailing clubs and marinas are able to reopen.
- People are no longer limited to seeing only one other person in outdoor public places – the rule of 6 will now apply as it did in the previous set of tiers.

From 20 December the Government has introduced tier 4 having assessed that stronger measures are needed in some areas to prevent the epidemic from growing. The following table summarises the restrictions that will apply in each tier in England.

Activity	Tier 1 - Medium Alert	Tier 2 - High Alert	Tier 3 - Very High Alert	Tier 4 - Local Lockdown
Meeting with others	<p>You can see people from different households both indoors and outdoors but only in groups of up to 6 people from different households – “the rule of 6”.</p> <p>You should maintain social distancing from anyone not in your household or support bubble.</p>	<p>You can see people from different households outside in groups of up to 6 people but you can only meet inside with those in your household or support bubble.</p> <p>You should maintain social distancing from anyone not in your household or support bubble.</p>	<p>You can only meet with others in “public outdoor places”, such as beaches or parks, but only in groups of up to 6 people from different households.</p> <p>You can only meet indoors or in private outdoor spaces, such as someone's garden, with those in your household or support bubble.</p> <p>You should maintain social distancing from anyone not in your household or support bubble.</p>	<p>You can only spend time in your house or garden with the people you live with, including your support bubble.</p> <p>You can only meet up with one other person from another household in public outdoor places, such as beaches or parks.</p> <p>You should maintain social distancing from anyone not in your household or support bubble.</p>
Exercise, sporting and physical activity	<p>Sailing clubs, boat parks and marinas can open.</p> <p>All forms of informal or self-organised recreational boating are permitted within the legal limits for meeting others.</p> <p>The exemption to the rule of 6 for organised outdoor sports and related sporting activity essential to its facilitation is permitted.</p> <p>Organised outdoor sport for under 18s and disabled people is allowed.</p>	<p>Sailing clubs, boat parks and marinas can open.</p> <p>All forms of informal or self-organised recreational boating are permitted within the legal limits for meeting others</p> <p>The exemption to the rule of 6 for organised outdoor sports and related sporting activity essential to its facilitation is permitted.</p> <p>Organised outdoor sport for under 18s and disabled people is allowed.</p>	<p>Sailing clubs, boat parks and marinas can open.</p> <p>All forms of informal or self-organised recreational boating are permitted within the legal limits for meeting others</p> <p>The exemption to the rule of 6 for organised outdoor sports and related sporting activity essential to its facilitation is permitted.</p> <p>Organised outdoor sport for under 18s and disabled people is allowed.</p>	<p>Sailing clubs, boat parks and marinas can open for individual exercise, and for people to use with others within their household, support bubble, or with one person from another household. However, you should consider the associated risks very carefully.</p> <p>Organised outdoor sport for under 18s and disabled people is allowed.</p> <p>You should only travel a short distance within your tier 4 area to exercise if necessary.</p>
Hospitality - club bars and restaurants	<p>Venues can operate restaurant and bar facilities.</p> <p>Licensed venues may operate with table service at the point of ordering and consuming</p> <p>Unlicensed venues may operate provided customers are seated at the point of consumption.</p> <p>They should close by 11pm and take last orders at 10pm.</p> <p>The rule of 6 applies.</p> <p>Takeaway and delivery services can remain open after 10pm.</p>	<p>Licensed restaurants and bars must close unless they operate as restaurants and are able to serve a substantial meal providing table service only. Alcohol can only be served with a meal.</p> <p>Unlicensed venues may operate provided customers are seated at the point of consumption.</p> <p>They should close by 11pm and take last orders at 10pm.</p> <p>You can only go to these places with people from your household or support bubble.</p>	<p>Hospitality must close with the exception that takeaway and delivery services can remain open.</p>	<p>Hospitality venues are closed, but can remain open for takeaway, drive through and delivery services.</p>

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Travel	<p>You can continue to travel to venues and amenities which are open.</p> <p>If you live in a tier 1 area and travel to a higher tier you should follow the rules for the higher tier you are in.</p> <p>Avoid travel into tier 3 areas unless this is necessary to enable sport for disabled people, sport for educational purposes, or supervised sport and physical activity for under-18s, to take place.</p> <p>You can travel through a tier 3 area as part of a longer journey.</p> <p>Avoid travel into a tier 4 area other than for legally permitted reasons (for example for work, or caring responsibilities).</p>	<p>You can continue to travel to venues and amenities which are open.</p> <p>If you live in a tier 2 area you must continue to follow tier 2 rules when you travel to a tier 1 area.</p> <p>Avoid travel into tier 3 areas unless this is necessary to enable sport for disabled people, sport for educational purposes, or supervised sport and physical activity for under-18s, to take place.</p> <p>If you do travel to a tier 3 area you do you must follow the rules for tier 3.</p> <p>You can travel through a tier 3 area as part of a longer journey.</p> <p>Avoid travel into a tier 4 area other than for legally permitted reasons (for example for work, or caring responsibilities).</p>	<p>You can continue to travel to venues and amenities which are open.</p> <p>If you travel into a tier 1 or 2 area you must continue to follow tier 3 rules.</p> <p>Avoid travel outside of a tier 3 area for sport, unless this is necessary to enable individual exercise (or exercise for people from the same household or support bubble) or to enable sport for disabled people, sport for educational purposes, or supervised sport and physical activity for under-18s, to take place.</p> <p>You can travel through other areas as part of a longer journey.</p> <p>Avoid travel into a tier 4 area other than for legally permitted reasons (for example for work, or caring responsibilities).</p>	<p>You must stay at home and not leave your tier 4 area, other than for legally permitted reasons (for example for work, or caring responsibilities).</p> <p>If you need to travel you should stay local.</p> <p>You should reduce the number of journeys you make overall.</p>
Staying overnight	<p>You can only stay overnight somewhere if it's with those in your household, support bubble or within the rule of 6.</p> <p>Avoid overnight stays in tier 3 areas unless needed for work, education or similar.</p> <p>The restrictions on overnight stays in tier 3 areas do not apply where it's necessary to enable disability sport, sport for educational purposes, or supervised sport and physical activity for under-18s, to take place. It's for the individual to decide whether travelling or staying overnight is strictly necessary for the activity.</p>	<p>You can only stay overnight somewhere if it's with those in your household or support bubble.</p> <p>Avoid overnight stays in tier 3 areas unless needed for work, education or similar.</p> <p>The restrictions on overnight stays in tier 3 areas do not apply where it's necessary to enable disability sport, sport for educational purposes, or supervised sport and physical activity for under-18s, to take place. It's for the individual to decide whether travelling/staying overnight is strictly necessary for the activity.</p>	<p>Accommodation must close with certain exceptions.</p> <p>Avoid overnight stays outside of a tier 3 area unless needed for work, education or similar. This should only be with those in your household or support bubble.</p> <p>Within tier 3 areas you may only stay overnight with your household or bubble if it is in in your local area.</p> <p>The restrictions on overnight stays do not apply where it's necessary to enable disability sport, sport for educational purposes, or supervised sport and physical activity for under-18s, to take place. It's for the individual to decide whether travelling or staying overnight is strictly necessary for the activity.</p>	<p>You cannot stay overnight away from your main home other than for legally permitted reasons (for example for work or caring responsibilities). This includes staying on your boat.</p> <p>If an overnight stay is essential, people must only do so with their household/ support bubble.</p> <p>Accommodation will be closed in tier 4 areas except for specific reasons.</p>